

School Nutrition Services Updates

Student Meal Prices

Breakfast: No Charge
Lunch: \$2.40

Adult Meal Prices

Breakfast: \$3.25
Lunch: \$4.85

25 New Food Menu Items

Breakfast

- Early Riser- Sausage, Egg and Cheese stuffed Hashbrown
- Cheese Omelet
- Baked Egg Bites
- Breakfast Burrito

Lunch

- Chicken & Vegetable Steamed Dumplings with Fried Rice
- Vegan Green Chili Burrito
- Fried Chicken Drumstick
- Three Bean Chili w/ Corn Chips
- Alaskan Pollock Fish Sticks
- Buffalo Chicken Pocket
- Popcorn Chicken w/ Fried Rice
- Spicy Chicken Sandwich
- Hummus Lunchbox- Hummus, corn chips, vegetable sides
- Lasagna Roll-ups
- Taco Salad

Vegetable Options

- Black Eyed Peas
- Refried Beans
- Peas & Carrots

Meal Benefit Applications

The previous year's free/reduced meal benefit status grace period ends September 23, 2024. What does that mean? The meal benefit application status is good for one school year, and parents have 30 school days to complete a new application for each new school year. If a meal benefit application is not completed by the end of the grace period, the student will be changed to paid status.

- Not sure which schools should fill out the meal benefit application? Information can be found at [School Nutrition Services / Community Eligibility Provision \(CEP\) \(osceolaschools.net\)](https://osceolaschools.net/School-Nutrition-Services/Community-Eligibility-Provision-(CEP))
- Online Meal Benefit Application: [School Nutrition Services / Free/Reduced Meal Application \(osceolaschools.net\)](https://osceolaschools.net/School-Nutrition-Services/Free-Reduced-Meal-Application)
- Questions can be directed to the School Nutrition Services Accounting Department at 407-870-4678 ext. 65712.

Charge Policy

- A paid eligible student that does not have money for lunch, will be allowed to charge one meal for High school students, one meal for Middle school students and two meals for Elementary/K-8 students.
- Students will be given alternative meals. Alternative meals will consist of cheese sandwich, fruit, vegetable and milk.
- On the first and third Friday of every month the SNS manager at CEP and Non-CEP schools will print a negative balance report and negative balance letters for each student on that report. The letters will be taken to the school office to be distributed. This report will be kept on file at the school.
- Nutrition Services does not allow charging for Breakfast meals because all schools provide Universal Free Breakfast.
- A la carte sales will not be permitted to students with a negative balance, until balance is paid.

FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED-PRICE SCHOOL MEALS

School District of Osceola County offers healthy meals daily at a reasonable price.

At elementary schools, the price for breakfast is no cost (currently participating in Universal Free Breakfast Program) and lunch is **\$2.40**. For middle and high schools, the price for breakfast is no cost (currently participating in Universal Free Breakfast Program) and lunch is **\$2.40**. Your children may qualify for free meals or for reduced price meals. Reduced price is no cost for breakfast (currently participating in Universal Free Breakfast Program) and no cost for lunch. **This packet includes an application for free or reduced-price meal benefits, and a set of detailed instructions. Below are some common questions and answers to help you with the application process.**

1. WHO CAN GET FREE OR REDUCED-PRICE MEALS?

- All children in households receiving benefits from **SNAP** or **TANF** are eligible for free meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may qualify for free or reduced price meals if your household income falls at or below the limits of the **Federal Eligibility Income chart** on the back of the application or on our website.

2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call **the Homeless Liaison or Migrant Coordinator** at (407) 870-4600 ext. 65367

3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Use one Free and Reduced-Price Meal Application for all students in your household. We cannot approve an application that is not complete. Please be sure to fill out all required information. **Return the completed application to the School Nutrition Manager at your child's school or mail to School Nutrition Services, 2320 New Beginnings Road, Kissimmee, FL 34744**

4. SHOULD I FILL AN APPLICATION OUT IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your

eligibility notification, contact **School Nutrition Services** at (407) 870-4678 or email foodservice@osceolaschools.net immediately.

5. **CAN I APPLY ONLINE?** Yes! You are encouraged to complete an online application instead of a paper application, if you are able. The online application has the same requirements and will ask you for the same information as the paper application. Visit www.osceolaschools.net to begin or to learn more about the online application process. Contact the **School Nutrition Services** at (407) 870-4678 or email foodservice@osceolaschools.net if you have any questions about the online application.
6. **MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE?** Yes. Your child's application is only good for that school year and for the first few days of this school year, through **September 23, 2024**. You must submit a new meal application unless you have been notified that your children are eligible for free meals for school year 2024-2025. If you do not submit a new application that is approved by **September 23, 2024** or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
7. **I GET WIC. CAN MY CHILDREN GET FREE MEALS?** Children in households participating in WIC may be eligible for free or reduced-price meals. Please send in a paper meal application or complete an online meal application at foodservice@osceolaschools.net.
8. **WILL THE INFORMATION I GIVE BE CHECKED?** Yes. We may also ask you to send written proof of the household income you report.
9. **IF I DON'T QUALIFY NOW, MAY I APPLY LATER?** Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit as define in the [Federal Eligibility Income chart](#).
10. **WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION?** You should talk to school officials. You may also request a hearing by calling (407) 870-4678 or by writing to **School Nutrition Services, 2320 New Beginnings Road, Kissimmee, FL 34744**, or by emailing foodservice@osceolaschools.net.
11. **MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN?** Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.
12. **WHAT IF MY INCOME IS NOT ALWAYS THE SAME?** List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime occasionally. If you have lost a job or had your hours or wages reduced, use your current income.

13. **WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT?** Household members may not receive some types of income we ask you to report on the application or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
14. **WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY?** Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
15. **WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY?** List any additional household members on a separate piece of paper and attach it to your application when submitting it, contact **School Nutrition Services by calling (407) 870-4678** to request a second application, or complete an online application at foodservice@osceolaschools.net.
16. **MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR?** To find out how to apply for **SNAP** or other assistance benefits, contact your local assistance office or call **1 (850) 300-4323 or 1 (866) 762-2237**. Phone lines are available Monday through Friday from 7:00 am to 6:00 pm ET for more information.

If you have other questions or need help, call **(407) 870-4678** Phone lines are available Monday through Friday from 7:00 am to 4:00 pm ET.